

2 Week Health Maintenance Form

Patient Name

Who accompanied child today?
(name and relationship to child)

If Breastfeeding:

Average time it takes to breastfeed between
both breasts?

How many hours between feedings
during the day?

How many hours between feedings
during the night?

Longest time between feedings?
(in hours)

Average number of feedings in 24 hours?

Any supplementation of infant?

Yes No

If yes, what is being given and how much?

Any discomfort or complications with feeds?

If Bottlefeeding:

Brand of formula used?

Average number of ounces per bottle?

How many hours between feedings
during the day?

How many hours between feedings
during the night?

Longest time between feedings?
(in hours)

Turn Over Please

If you do not understand any of these questions, please ask your nurse.

Does your child or any household member
Drink water from a private well?
(consider vacation homes, relative's or
friend's homes, daycare or school)

Yes No

Elimination:

Average number of wet diapers per day?

Average number of stools per day?

Sleep Pattern:

Average number of hours of sleep in
24 hours?

Average number of night time awakenings?

Current Concerns?

Medications:

Current medications?

Any medication allergies?

For Mom:

Your mental health is important to your child's health. Over the past 2 weeks:

1. Have you ever felt down, depressed or hopeless?

Yes No

2. Have you felt little interest or pleasure in doing things?

Yes No

If you do not understand any of these questions, please ask your nurse.